

David's Grow Your Own Veg Planting Calendar

Print out and keep!



I believe everyone should have a go at growing their own. It's easier than it looks, and there's nothing like eating food you've grown yourself. *It's such a magical feeling!*

But each plant has different needs, and growing more than one thing can be confusing. When to sow? When to plant? When to harvest?

So to help you, I have designed the ultimate, easy-to-follow vegetable growing calendar.

Bear in mind that this is intended as a guide and the weather, your soil and even where you live can affect how plants grow. But if something doesn't work, please don't give up. Practice makes perfect, after all.

Have Fun and Good Luck!



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Key: Sow indoors (blue), Sow outdoors (purple), Plant out (green), Harvest (orange)

	January	February	March	April	May	June	July	August	September	October	November	December
Artichoke (Globe)			Sow indoors		Plant out			Harvest				
Artichoke (Jerusalem)	Harvest		Plant out								Harvest	
Asparagus			Plant out	Harvest								
Aubergine (indoors)	Sow indoors							Harvest				
Aubergine (outdoors)		Sow indoors			Plant out			Harvest				
Beetroot			Sow outdoors			Harvest		Harvest				
Beans (Broad)		Sow outdoors					Harvest					
Beans (French)				Sow outdoors			Harvest					

For more information, visit davidmoney.com

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Beans (runner)						Sow outdoors	Plant out	Harvest	Harvest	Harvest		
Broccoli			Sow indoors	Sow outdoors	Plant out			Harvest				
Broccoli (sprouting)					Sow outdoors							
Brussels Sprouts	Harvest		Sow indoors		Plant out				Harvest	Harvest	Harvest	Harvest
Butternut Squash				Sow indoors		Plant out			Harvest			
Cabbage (summer)			Sow outdoors	Sow outdoors			Harvest					
Cabbage (Savoy)				Sow outdoors		Plant out					Harvest	Harvest
Carrots				Sow outdoors	Sow outdoors		Harvest	Harvest	Harvest	Harvest		
Cauliflower				Sow outdoors					Harvest	Harvest		
Celery	Harvest		Sow indoors		Plant out					Harvest	Harvest	Harvest
Chard				Sow outdoors	Sow outdoors			Harvest	Harvest	Harvest		
Chillies		Sow indoors	Sow indoors	Sow indoors			Harvest	Harvest	Harvest			
Courgette				Sow indoors	Sow outdoors	Plant out		Harvest	Harvest	Harvest		
Cucumber		Sow indoors			Sow outdoors		Harvest	Harvest	Harvest			
Fennel								Harvest	Harvest	Harvest		
Garlic	Plant out						Harvest				Plant out	Plant out
Kale	Harvest	Harvest	Sow outdoors	Sow outdoors	Sow outdoors							Harvest
Leeks	Harvest		Sow outdoors			Plant out					Harvest	Harvest
Lettuce			Sow outdoors	Sow outdoors	Sow outdoors		Harvest	Harvest	Harvest	Harvest		
Marrow					Sow outdoors		Harvest	Harvest	Harvest			
Onions (seed)		Sow outdoors	Sow outdoors				Harvest	Harvest				
Onions (set)			Plant out					Harvest				

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Onions (spring)			Sow outdoors	Sow outdoors	Sow outdoors	Sow outdoors	Sow outdoors	Harvest	Harvest	Harvest		
Pak Choi				Sow outdoors	Sow outdoors	Sow outdoors	Sow outdoors	Harvest	Harvest			
Parsnip	Harvest	Harvest	Sow outdoors	Sow outdoors							Harvest	Harvest
Peas			Sow outdoors	Sow outdoors	Sow outdoors	Harvest	Harvest	Harvest	Harvest			
Pepper		Sow outdoors	Sow outdoors	Sow outdoors	Plant out		Harvest	Harvest	Harvest			
Potatoes			Plant out	Plant out		Harvest	Harvest	Harvest	Harvest			
Pumpkin					Sow outdoors		Harvest	Harvest	Harvest			
Radish			Sow outdoors	Sow outdoors	Sow outdoors	Harvest	Harvest	Harvest				
Rhubarb		Plant out	Plant out	Plant out	Plant out	Plant out	Plant out	Plant out	Plant out	Plant out	Plant out	Plant out
Rocket/Oriental Salad				Sow outdoors	Sow outdoors	Sow outdoors	Sow outdoors	Sow outdoors	Sow outdoors	Sow outdoors	Sow outdoors	Sow outdoors
Shallots			Plant out	Plant out			Harvest	Harvest				
Spinach (summer)			Sow outdoors	Sow outdoors	Sow outdoors	Harvest	Harvest	Harvest	Harvest	Harvest	Harvest	Harvest
Spinach (winter)	Harvest	Harvest	Harvest	Harvest	Harvest	Harvest	Harvest	Harvest	Harvest	Harvest	Harvest	Harvest
Swede	Harvest	Harvest			Sow outdoors	Sow outdoors					Harvest	Harvest
Sweet Potatoes					Plant out	Plant out	Plant out	Harvest	Harvest	Harvest	Harvest	Harvest
Sweetcorn				Sow outdoors	Sow outdoors	Sow outdoors	Harvest	Harvest	Harvest			
Tomatoes (warm greenhouse)	Sow outdoors	Plant out	Plant out			Harvest	Harvest	Harvest	Harvest			Sow outdoors
Tomatoes (cold greenhouse)		Sow outdoors	Sow outdoors	Plant out	Plant out		Harvest	Harvest	Harvest	Harvest		
Tomatoes (outdoors)			Sow outdoors	Sow outdoors	Plant out	Plant out		Harvest	Harvest			
Turnips - Early			Sow outdoors	Sow outdoors	Sow outdoors	Harvest	Harvest	Harvest	Harvest	Harvest	Harvest	Harvest
Turnips - Maincrop							Sow outdoors	Sow outdoors		Harvest	Harvest	Harvest